

TREATMENT MENU

auraDAYS SPA.CO.UK

615 Lisburn Road
Belfast, BT9 7GT

T: +44 (0) 28 9066 6277

E: info@auradayspa.co.uk



aura DAY SPA
Award winning **Spa**

Please refer to our website for new treatment information

ADVICE

Please inform Aura Day Spa at the time of booking if you are currently receiving medical treatment or have done so recently as some treatments may not be suitable or may require your doctors consent. Please also make us aware at the time of booking if you are pregnant or suffer from any allergies. If you are unsure about any condition, past or present, please ask at the time of booking.

Please check our website for details of service info, spa etiquette & facilities, appointments and cancellation policy.

3D-Skintech

3D-skintech is a revolution in non-surgical aesthetic skincare market.

What is unique about our concept is that we combine the latest clinical technologies to ensure that we can offer the most effective treatments for anti-ageing, pigmentation and acne.

Not only that but we can adapt different levels of treatment depending on whether we are treating under preventative protocols right up to the most curative applications.

3D-skintech utilises the following 4 technologies:

- Diamond Microdermabrasion
- Meso Therapy (without needles)
- Radio Frequency
- Full LED Light Therapy

Your trained Aesthetician will be able to prescribe an exacting facial to suit your specific needs.

Consultation required - Time: up to 30 mins - £30 (deducted from treatment)

	Time	Per Treatment
3D SkinTech Complete Aesthetic Facial Incl 4 technologies	90 mins	150
3D SkinTech incl 2 Technologies	60 mins	95
3D SkinTech Radio Frequency Treatment	35 mins	65



3D-Cryolipolysis (Fat Freezing)

3D-lipo cryolipolysis is probably one of the most advanced treatments of its type in the fight against targeted fat reduction.

A specific handpiece allows for targeting the pocket of fat under the chin area very effectively.

For optimal results we recommend a course of R.F. (Radio Frequency) treatments to sculpt and induce skin tightening in the neck area after cryolipolysis.

	Time	Per Treatment
Cryolipolysis (Fat Freezing) for double chin	35 mins	110

CACI Facials*

The most effective non-surgical anti-ageing treatments available.

	Time	Per Treatment	Course
CACI Ultra	90 mins	89.50	
CACI Booster	75 mins	78.75	(10) 630
CACI Classic	60 mins	65	(10) 520
CACI Hydratone	30 mins	33	
CACI Eyelift	30 mins	38	(10) 304

	Time	Per Treatment	Course
CACI Acne	45 mins	61	(10) 488
CACI Deep Wrinkle	30 mins	38	(10) 304

* For best results a course of 10 treatments is recommended

ALUMIER MD Peels & Facials

Alumier MD Peels are the next generation of clinical exfoliation. With a variety of peels, each with a unique complex of ingredients, your therapist can customise your treatments to target your specific skin concerns and reveal a more radiant, soft and luminous skin.

A consultation is recommended prior to receiving any of the Clinical Peels listed below. We do advise using your AlumierMD homecare products 2 weeks prior to your peel to reduce sensitivity. All peels include a post treatment kit that will enhance and maintain your outstanding results. Please refer to the website for more information.

	Time	Per Treatment
Alumier Consultation <i>Redeemable against your treatment.</i>	30 mins	30
Detox Clear	35 mins	90
Vitamin A Boost	35 mins	90
Radiant 20/10	35 mins	90
Radiant 30	35 mins	90
The Ultimate Glow Peel (Our Strongest Peel)	35 mins	140

Any course of 6 Alumier treatments get an additional Alumier treatment complimentary.

GUINOT Facials

Hydraderm Cellular Energy Treatments

NEW

Discover the alternative to aesthetic medicine. Using a combination of Dynamic Ionisation, Thermal Energy or lifting stimulation, Guinot's patented technology will allow you to achieve visible, clinically proven results just after one of our chosen treatments. Guinot's most advanced treatment yet.

	Time	Per Treatment	Course
Hydraderm Youth	Approx 70 mins	88	(3) 250
Hydaderm Advanced Lift	Approx 50 mins	75	(10) 600 (2 complimentary)
Hydraderm Youth Includes Advanced Lift	Approx 100 mins	130	(3) 360
Eye Logic			
Targets ageing and tiredness around the delicate eye area including fine lines, puffiness and dark circles	40 Mins	60	(3) 160

HYDRADERMIE2 The Star Treatment

	Time	Per Treatment	Course
Hydraclean (Express Cleansing Facial)	30 mins	40	(3) 112.50
GUINOT Hydradermie2	75 mins	78	(3) 220
Hydradermie2 Age Logic	90 mins	98	(3) 275

Holistic Facial Treatments

	Time	Per Treatment	Course
Age Summmum Incorporating pure Vitamin C and active pro-collagen. Ideal if you are concerned with signs of ageing.	50 mins	82	(3) 230
Aromatic Relaxing Aromatherapy Facial	50 mins	68	(3) 190
Guinot Prescription Facial Express Prescriptive Facial	40 mins	50	(3) 138
Radiance Hydra Peeling This Cosmetic Peel using Phytic Acid is far more comfortable than a medical peel, yet still provides outstanding and instantly visible results.	45 mins	75	(3) 210

NEW

Ultimate Guinot Anti - Ageing Package

We have created this package for you prior to a Special Occasion or Event or just to allow you to experience all of our best Guinot Facials for Ultimate results for your skin.

(For Best Results we advise following the 4 week plan)

Week 1 Hydra Peeling

Week 2 Hydraderm Youth with Advanced Lift

Week 3 Hydraderm Advanced Lift

Week 4 Age Summmum

£300 Saving £62

Aromatherapy Associates Facials

	Time	Per Treatment	Course of 3
Essential Rose Facial	50 mins	73	204
Essential Rose Total Indulgence	80 mins	92	261
Soothing Facial	50 mins	73	204
Soothing Total Indulgence	80 mins	92	261
Age Repair Facial	80 mins	89	252
Deep Cleanse Facial	50 mins	73	204
Deep Cleanse Total Indulgence Facial	80 mins	92	261
The Refinery Essential Men's Facial	50 mins	73	204
The Refinery Ultimate Men's Facial and Back Treatment	80 mins	92	261

Personalise your treatment options to add on to your facial - add one OR both

If your skin is congested and you need more extraction:

Add 10 mins £10

If you would like to add even more relaxation with more massage

Add 15 mins £17

Microdermabrasion

	Time	Per Treatment	Course of 10
Crystal Clear Microdermabrasion Treatment Face & Neck	50 mins	63	567

A course of 10 treatments is recommended, 1 per week

Crystal Clear Deluxe Microdermabrasion Treatment	75 mins	84	756
--	---------	----	-----

A course of 10 treatments is recommended, 1 per week

For the Mother-To-Be

Pregnancy Treatments (after first 12 weeks). Reduce stretch marks & swollen ankles with our unique packages proven to relieve some of the effects of pregnancy & reduce worries or tensions that are inevitable when you are a mother-to-be! All Facials (from week 1) are suitable throughout pregnancy with the exception of Crystal Clear Microdermabrasion, Hydradermie Lift Treatments and CACI Treatments.

Massage & Body Treatments

	Time	Per Treatment
Ultimate Rose Pregnancy Massage	60 mins	73
De Stress Pregnancy Back Massage <i>Suitable from 14 weeks</i>	50 mins	62.50
Indian Head Massage <i>Suitable from 12 weeks</i>	35 mins	36.75
Reflex Zone Therapy <i>Suitable from 12 weeks</i>	50 mins	57.75

Time Per Treatment

Combo of Indian Head Massage & Reflex Zone Therapy
Suitable from 12 weeks 80 mins 89.25

Hopi Ear Candle Treatment 40 mins 41
Suitable from week 1

Manicures And Pedicures *(Please remember to bring your flip flops)*
(See website for details)

Pregnancy Package

Ultimate Rose Pregnancy Massage
Spa Pedicure 105 mins 116

Aura Spa Packages

Each treatment lasts 25 mins - Minimum of 2 treatments per package.

Choose from

- Aura Taster Facial
- Instant Eye Repair Treatment
- Customised Scalp Massage
- Japanese Slipper Bath
- Swedish Back Tension Massage
- Full Body Exfoliation

2 treatments £66 | 3 treatments £99 | 4 treatments £121

Massage Menu

	Time	Per Treatment	Course
Deep Tissue Massage	120 mins	130	(3) 365
	60 mins	75	(3) 210
	30 mins	45	(3) 120
Lava Shell Rescue Treatment	105 mins	99	
Hot Lava Shell Relax Face & Body	90 mins	95	
Hot Lava Shell Relax Body Massage	60 mins	75	
Hot Lava Shell Back Massage	30 mins	42	
Guinot Aromatic Douceur	80 mins	89	
The Real Aromatherapy Associates Experience	80 mins	88	(3) 250
Intensive Muscle Release <i>A deeper massage that works right into the muscles to release pain and tension</i>	50 mins	69	(3) 200
De-stress Back Therapy	50 mins	62.50	(3) 185
Intense Nourishment Body Treatment <i>Nourish body and soul with this luxurious treatment designed to rejuvenate dry, out of condition skin.</i>	90 mins	100	
Indian Head Massage	35 mins	36.75	
Reflex Zone Therapy	50 mins	57.75	(6) 289

	Time	Per Treatment	Course
Combo of Indian Head Massage & Reflex Zone Therapy	80 mins	89.25	
Hopi Ear Candle Treatment	40 mins	41	
Full Body Massage	50 mins	63	(3) 179
Back Tension Massage	25 mins	34	(3) 95

NEOM Wellbeing treatments

Choose either 60 mins Treatment £80 or 90 mins Treatment £105

Masterminded by the Neom team of 11 wellbeing experts and drawing together the most effective of 6 therapies - meditation, shiatsu, cranio, Thai massage, trigger point and reflexology – Neom Wellbeing Treatments have been created to provide true therapeutic wellbeing benefits.

Please refer to the website for more information.

Additional Treatments for the Body

To increase the effectiveness and relaxation benefits of your treatments, we recommend including our Infra Red Sauna before your treatment and a Dry Floatation Therapy after your treatment.

	Time	Per Treatment
Infra Red Sauna	30 mins	20
Dry Floatation Therapy	25 mins	30
Japanese Bathing Experience	60 mins	60
Sugar Kiwi Scrub	25 mins	32

3D-Lipo

3D-lipo is probably one of the most advanced treatments of its type in the fight against targeted fat reduction, cellulite and skin tightening.



A Powerful Three Dimensional Alternative to Liposuction

Its 3 dimensional approach to the problem ensures that you will experience one of the most effective services of its kind available today!

Why 3D-lipo

3D-lipo utilizes the latest generation technology called ultrasound cavitation, radio frequency and cryolipolysis (fat freezing) which are widely recognised as one of the most effective cellulite reduction and localised fat loss techniques available. Further more there is no need to exercise post treatment in order to obtain results.

We cannot offer 3D Lipo treatment to pregnant women or those who are breastfeeding.

Consultation required - Time: up to 30 mins - £30 (deducted from treatment)

	Time	Per Treatment Price from £75
3D Lipo Cavitation only	40 mins	
3D Lipo 60 min treatment	60 mins	
3D-lipo 90 min treatment	90 mins	
Cryolipolysis (Fat Freezing)	45 mins	
Cryolipolysis (Fat Freezing) x 2 (taken together)	90 mins	

Detoxifying and Anti Cellulite Treatments

Ionithermie Express (for a fast effective treatment)

The Ionithermie body treatment portfolio comprises a choice of 4 body treatments to target specific problem areas:

Hip & Thigh Sculpture, Cheek Lift, Tummy Trim, Arm & Tummy Trim.

	Time	Per Treatment
	1 hour	77.50
Course of 5	349	Course of 10 698

Rituals

	Time	Per Treatment
Relax & Unwind		
Infra-Red Sauna, Full Body Massage OR De-Stress Back Therapy and Spa Pedicure	130 mins	135 per person

The Ultimate Floating Aromatherapy Experience

Dry Floatation Therapy, Full Body Exfoliation, Full Body Aromatherapy Massage 'Sheer Bliss!'	Approx 130 mins	150
--	-----------------	-----

Total Bliss

Dry Floatation, De-Stress Back Therapy, Aromatic Facial, Chill Out Room, Spa Pedicure, Light lunch or Afternoon Tea	230 mins	215
---	----------	-----

	Time	Per Treatment
Spa Retreat		
Infra-Red Sauna, Full Body Exfoliation, Japanese Slipper Bath, Dry Floatation Therapy, Light Lunch or Afternoon Tea, Aromatherapy Back Massage, Aromatherapy Facial, Chill-Out Room, Spa Manicure, Spa Pedicure		
	345 mins	305

Hands

	Time	Per Treatment
Nail File	10 mins	10
Polish Application	15 mins	15
File & Polish	20 mins	22
Essential Manicure	30 mins	30
Spa Manicure	50 mins	42
Deluxe Spa Manicure	60 mins	52
Spa Manicure for Men	30 mins	32
Shellac/Artistic Application	40 mins	35
Shellac/Artistic Application including Deluxe Spa Manicure	60 mins	58
Shellac/Artistic Removal (Hands or Feet)	15 mins	10
Removal of any other Gel Polish	30 mins	25

Feet *(Please bring flip flops)*

(Using our state-of-the-art Massage Chairs)

	Time	Per Treatment
Nail Trim and File	15 mins	15
Polish Application	15 mins	16
Callus Peel Treatment <i>(Dissolves hard dry skin on feet)</i>	30 mins	31
File & Polish	25 mins	26
Spa Pedicure	50 mins	47
Deluxe Spa Pedicure <i>"for the softest feet on the planet"</i>	90 mins	83
Spa Pedicure for Men	40 mins	42
Shellac/Artistic Application	40 mins	36
Shellac/Artistic Application including Spa Pedicure	60 mins	58
Shellac/Artistic Application including Deluxe Spa Pedicure	100 mins	93

For Hand and Foot Treatments, to avoid disappointment please inform us at time of booking if you need Gel Polish removed before your manicure/ pedicure as extra time must be allocated.

Tanning

	Per Treatment
LA Tan	
Fast Tan (develops in up to 4 hours)	20
LA Tan (develops overnight)	20
<i>PURCHASE A COURSE OF 10 FOR THE PRICE OF 8</i>	160
St. Tropez Tan	
Allow 15 mins	30
<i>PURCHASE A COURSE OF 10 FOR THE PRICE OF 8</i>	240

LVL Lashes

- Length, Volume, Lift
- The UK's No1 Lash Lift
- Lifts Natural Lashes for 6-8 Weeks



The LVL Lash Lift is the revolutionary lash phenomenon that reveals your natural lashes in all their glory.
(Includes eyelash tint).

60 Mins £75 1st Treatment

1st Treatment includes Conditioning Serum

£60 Thereafter

Threading

	Time	Per Treatment
Eyebrow Shape		17.95
Eyebrow Package <i>Shape & Colour for beautifully defined eyebrows</i>		27.50
Upper Lip		11
Chin		11
Forehead		15
Sides of Face		17.50
Full Face		25.50
<i>To include 3 or more of the above (excluding eyebrow package)</i>		
Eyebrow Tweeze	15 mins	13
Eyelash Tint <i>Patch Test required 24hrs prior to treatment</i>	20 mins	15.50
Eyebrow Tint	10 mins	10
Eyelash & Eyebrow Tint	30 mins	22
Eyelash Tint, Eyebrow Tint & Eyebrow Wax	40 mins	33.50

Waxing

Please refrain from waxing if you are currently using Glycolic Acid, Retin A or Roaccutane as well as if you have any sort of rash, infection or skin disorder. Let your Therapist know about any medications you are currently using.

	Time	Per Treatment		Time	Per Treatment
Full Leg	45 mins	32	1/2 Leg incl Hollywood Bikini	60 mins	52
Full Leg incl Standard Bikini	45 mins	39	Back of Thigh	15 mins	15
Full Leg incl Californian Bikini	45 mins	42	Standard Bikini	15 mins	17
Full Leg incl Brazilian Bikini	60 mins	52	Californian Bikini	20 mins	21
Full Leg incl Hollywood Bikini	75 mins	62	Brazilian Bikini	30 mins	28
Upper Leg incl Standard Bikini	30 mins	34	Hollywood Bikini	45 mins	40
Upper Leg incl Californian Bikini	30 mins	36	Under Arms	15 mins	12
Upper Leg incl Brazilian Bikini	45 mins	43	Full Arms	30 mins	22
Upper Leg incl Hollywood Bikini	60 mins	53	Forearms	15mins	16
3/4 Leg	30 mins	28	Lip Wax	10 mins	10
3/4 Leg incl Standard Bikini	40 mins	35	Chin Wax	10 mins	10
3/4 Leg incl Californian Bikini	40 mins	38	Lip & Chin Wax	15mins	17.50
3/4 Leg incl Brazilian Bikini	60 mins	46	Sides of Face	15 mins	15
3/4 Leg incl Hollywood Bikini	75 mins	58	Eyebrows	15 mins	14
1/2 Leg	20 mins	20	Hot Wax for Bikini Line/Underarm		7 per area
1/2 Leg incl Standard Bikini	30 mins	30			
1/2 Leg incl Californian Bikini	30 mins	35			
1/2 Leg incl Brazilian Bikini	45 mins	42			

JUST FOR MEN

	Time	Per Treatment
Eyebrow Wax	15mins	14
Back & Shoulder Wax	45 mins	36
Chest Wax	30 mins	27

Electrolysis

Hair Removal using Diathermy

	Time	Per Treatment	Course of 10
	10 mins	13.75	120
	15 mins	19.50	180
	20 mins	23.75	222
	30 mins	32	300

Milia Extraction

(Using Sterile Micro Lance)

21

Skin Tag Removal (using Diathermy)

Up to 15 mins

46

Up to 30 mins

77

Gift Vouchers

Gift Vouchers are available to purchase to a value of your choice or a treatment of your choice. The voucher must be produced at time of payment.

Please note: We cannot track vouchers. Invalid if lost or stolen.

Cancellations

Due to the high demand of our Therapists time, we request that if for any reason you need to cancel your treatment, you do so within 24 hours of your appointment or you may be charged in full for services booked.

If you book your services within 24 hours of your appointment, we take your appointment as confirmed and you may be charged in full if you cancel.

This policy - allows others to enjoy our services as well as recognising the value of the time of our talented Spa Therapists.

Policies and Protocols

Please refer to our website for more information on our services and our Spa policies and protocols.

Please note the Spa closing times as our Chill Out Room must be vacated 15 minutes prior to the Spa closing.

This means the Chill Out Room is not available for appointments that end close to closing time.



aura DAY SPA
Award winning **Spa**

FOR DETAILS ON ALL OUR TREATMENTS AND POLICIES PLEASE CHECK OUR WEBSITE

www.auradayspa.co.uk

DOWNLOAD OUR FREE MOBILE APP